

## **INSTRUCTIONS**

### ***JANE's 20 QUESTIONS***

This card deck is designed and aimed at creating conversations to gain mutual understanding and empathy between a parent and their child. By answering the questions, the parent will have the opportunity to remember and share what it was like growing up.

The child will have the chance to share what it's like for her/him now. Both will have the experience of getting to know each other better through the exchange. This activity is more effective if you answer one question per day until the deck is complete.

#### **STEP 1**

Use the deck of *JANE 20 Questions*. The deck is made up of 2 sets of 20 questions - 20 questions for the parent and 20 questions for the child.

#### **STEP 2**

Prior to each session, the parent and child review the following agreements in order to feel safe and trusting:

- Mutual respect
- Right to pass
- What happens in Vegas, stays in Vegas
- One mic
- Don't yuck my yum

Feel free to add your own agreements to the list. These are only a few suggestions to start with.

#### **STEP 3**

The parent holds the deck of questions to ask the child and the child holds the deck of questions to ask the parent.

#### **STEP 4**

Decide who will go first to answer a question. The first person selects a question from the appropriate deck and answers the question. Afterwards, the other person takes a turn and selects a card. Set aside at least 5 minutes for both people to answer a question each.

**I AM JANE**  
What is the most beautiful thing you have ever seen? Describe it.

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
What's new in your life?

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
What's the best part of being your age? What's the worst part?

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
If you could change one thing about your life, what would it be?

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
What stresses you out?

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
Should you change your age date? Why? Why not?

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
How do you choose a girl/boy friend?

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
What do you want to be when you grow up? What do you like about that job?

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
What makes a parent too strict?

[www.MYJANE.org](http://www.MYJANE.org)

**I AM JANE**  
How old do you think you should be to have your first kiss? To have sex for the first time?

[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**Who do you text most of the time? Why?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**Who do you share your secrets with? Why?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**Who is the person you go to for help and advice? Why?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**What quality do you most admire in a person? Who has that quality?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**What is the meanest thing someone could say or do to you?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**If you could be a famous athlete, actor, writer or musician, which would you choose and why?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**What is the greatest song ever written? Can I hear it?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**If you were the parent, what qualities would you have? What changes would you make at home?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**If you could know one thing about your future, what would it be?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
**How do you choose your friends?**  
**JANE**  
[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
What were the three  
happiest moments  
in your life so far?  
**JANE**

[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
Who was your best  
friend at school when  
you were my age?  
What was the best thing  
about this person?  
**JANE**

[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
For the most part, why  
do women shave their  
armpits and men don't?  
**JANE**

[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
Over your lifetime,  
there have been a lot of  
different kinds of  
music. What is your all-  
time favorite? Why?  
**JANE**

[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
Were you considered  
popular in middle  
school?  
Why or why not?  
**JANE**

[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
What kinds of things  
get you really angry?  
**JANE**

[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
How did you and  
Mom/Dad meet?  
(Options: How did you and  
your partner meet? How  
did my parents meet?)  
**JANE**

[www.MYJANE.org](http://www.MYJANE.org)

**JAM**  
How do you know when  
you're in love? How  
many times have you  
been in love?  
**JANE**

[www.MYJANE.org](http://www.MYJANE.org)

**In what ways do you think you are similar to me? In what ways do you think you are different from me?**

[www.MYJANE.org](http://www.MYJANE.org)

**Why is it such a big deal for rooms to be clean?**

[www.MYJANE.org](http://www.MYJANE.org)

**If you had to choose one, would you rather be famous, or make a lot of money? Why?**

[www.MYJANE.org](http://www.MYJANE.org)

**How do you tell when someone is lying?**

[www.MYJANE.org](http://www.MYJANE.org)

**Do you believe both people in a relationship should be equal?**

[www.MYJANE.org](http://www.MYJANE.org)

**When you were younger, did you ever drink or use drugs? If so, what happened?**

[www.MYJANE.org](http://www.MYJANE.org)

**When you were in middle school, what did you want to be when you grew up? What about in college? How did you come up with those ideas?**

[www.MYJANE.org](http://www.MYJANE.org)

**If you could look like any movie star, who would it be? Why?**

[www.MYJANE.org](http://www.MYJANE.org)

**Who was the best teacher you ever had? And the worst? Why?**

[www.MYJANE.org](http://www.MYJANE.org)

**Have you ever been hit? If so, tell me what happened.**

[www.MYJANE.org](http://www.MYJANE.org)